

candidate brochure / catalog of courses / directory

# Oregon Psychoanalytic Institute

**— September 2016 Draft**

*Note: This document is currently under revision.  
Contact the Administrative Director with any questions*

# OREGON PSYCHOANALYTIC CENTER

2250 NW Flanders Street #312  
Portland, OR 97210

Phone 503.229.0175

Fax 503.229.0176

[info@oregonpsychoanalytic.org](mailto:info@oregonpsychoanalytic.org)

**[www.oregonpsychoanalytic.org](http://www.oregonpsychoanalytic.org)**

## ADMINISTRATIVE STAFF

---

Susan Dimitman  
Managing Director  
[susandimitman@oregonpsychoanalytic.org](mailto:susandimitman@oregonpsychoanalytic.org)

Lindsey Smith  
Program Coordinator  
[lindseysmith@oregonpsychoanalytic.org](mailto:lindseysmith@oregonpsychoanalytic.org)

## **Table of Contents**

---

Introduction	4
Educational Philosophy	5
Non-Discrimination Policy	5
Historical Background & Accreditation	6
Course of Studies	6
Admission Requirements	6
Personal Qualifications	8
Admission Procedures	8
Evaluation Process	8
Reapplication	9
Transfer Applications	9
Enrollment	10
Faculty Advisor	10
Progression	10
Training Analysis	11
Supervised Clinical Work	12
Insurance & Licensure	13
Case Selection, Assignment & Fees	13
Case Records & Reports	14
Informed Consent	15
Advanced Status & Unsupervised Work	15
Seminar Attendance	16
Graduation	16
Remediation, Probation & Dismissal	17
Leave of Absence	18
Transfer from Clinical to Academic Program	19
Advanced Education & Training	19
Ethical Contract	19
Certification by APsaA	20
Scientific Writing: Boverman Award	20
Training Analysis & Supervision Fees	20
Tuition & Related Fees	21
Calendar of Classes	21
Curriculum	21
Pre-matriculation	22
Course Descriptions by Year	22
Year one	23
Year two	25
Year three	29
Year four	32
Year five-plus (post seminar)	35
Library	35
Pep-Web	35
Continuing Education Credits	35
Executive Committee	37
Website Info & Rosters	37

## INTRODUCTION

---

### **The Mission of the Oregon Psychoanalytic Center is:**

*To educate psychotherapists and the community in order to promote emotional growth, honor diversity, and develop the life of the mind.*

### **Advanced Education For Mental Health Professionals**

The Oregon Psychoanalytic Center trains mental health professionals in the theory and practice of psychoanalysis and psychoanalytic psychotherapy, and a variety of related psychoanalytic programs. OPC is an affiliate of the American Psychoanalytic Association.

### **ADULT PSYCHOANALYTIC TRAINING**

The Oregon Psychoanalytic Institute, a division of the Oregon Psychoanalytic Center, offers a formal program for clinicians with advanced degrees in their fields who want to explore the entire spectrum of psychoanalytic theory and technique. This program includes a four-year didactic sequence.

### **Deeper Understanding, Meaningful Change**

Psychoanalysts of all theoretical orientations share a deep respect for the uniqueness of each individual, and a commitment to collaborating authentically with their patients in a process of discovery and growth. These values are embedded in the comprehensive and broad-based curriculum of psychoanalytic training at the Oregon Psychoanalytic Institute. Analytic candidates are encouraged to think critically, to learn through self-knowledge, and to draw insight and inspiration from the many great psychoanalytic thinkers and clinicians, past and present. Learning from peers is also a vital component of their development.

The three pillars of psychoanalytic training—personal training analysis, seminars, and supervised analytic work—provide rich, varied, and profound opportunities for experiential and didactic learning.

Deepening the treatment relationship often provides both clinician and patient opportunities for growth.

## **EDUCATIONAL PHILOSOPHY**

---

Psychoanalysis began with Freud's discoveries of unconscious mental life. Within each of us the past lives on in the present, but one is not fully aware of the fantasies, conflicts, symptoms, and self-defeating patterns in relationships and commitments that constrain present life. These may create dissatisfaction, and thwart potentials in love, work and self-esteem.

Our training program emphasizes the evolving nature of psychoanalysis, and therefore includes the many new developments in theory and technique of recent years. Course work integrates the study of early contributions with contemporary views, emphasizing the diverse clinical problems that therapists treat in today's complex world. Object relations, self and intersubjective theories, developmental points of view, and attachment theory, as well as feminist, relational, and interpersonal perspectives, are part of the working knowledge of every competent modern analyst. Increasingly, advances in neuroscience are augmenting our understanding of the mind and how psychotherapies may work; this evolution in our field is also incorporated into didactic classes.

Many who are interested in psychoanalytic training are psychotherapists seeking ways to deepen and expand their work with others and on themselves. In the demanding intimate partnership of a good therapeutic relationship, psychoanalytic training can provide important tools: an ability to work in depth with unconscious intrapsychic and interactional phenomena; a surer grasp of transference and countertransference; a capacity to use one's empathic and relational capacities more effectively; greater competency in recognizing and resolving intrapsychic conflict; and increased understanding of effective interventions. Applicants also seek the intellectual excitement, emotional growth, and immersion in relational and humanistic values that such training provides.

While psychoanalytic training is rigorous, it is often the most satisfying and effective path in preparing a clinician for the difficulties and rewards of the therapeutic professional life. It also provides a community of professional colleagues that shares similar interests and values.

## **NON-DISCRIMINATION POLICY**

---

OPI maintains a non-discriminatory policy with regard to race, color, religion, national origin, sex, age, disability, sexual orientation, or marital or parental status in admissions, employment and access to programs.

## HISTORICAL BACKGROUND & ACCREDITATION

---

The Oregon Psychoanalytic Institute is an affiliate institute of the American Psychoanalytic Association. It was established in 1995 as a new training facility under the auspices of the American Psychoanalytic Association, and the sponsorship of the San Francisco Center for Psychoanalysis. In 2010 the Institute was granted status as a free-standing APsaA institute. Although SFCP is no longer administratively responsible for OPI, our invaluable collaboration continues in the form of visiting faculty.

## COURSE OF STUDIES

---

There are three components of a psychoanalyst's education: the student's own personal "training" analysis, the supervised analysis of at least three adult patients, and the four-year academic curriculum.

A psychoanalytic education is experiential as well as scholarly. Tools are needed to increase self-awareness and personal growth, not merely to gain objective knowledge of others or factual knowledge of abstract theories or clinical strategies.

Creating a therapeutic relationship and learning its proper use on the patient's behalf is central. This relationship is the setting where the psychoanalytic process unfolds. The psychoanalytic process provides the necessary human connection and therapeutic interaction that generates the feelings, thoughts, new experiences, and understandings that can ultimately heal the patient and lead to growth and new development.

## ADMISSION REQUIREMENTS

---

The Institute welcomes applications from psychiatrists (MD and DO); clinical psychologists (Ph.D. or Psy. D.); clinical social workers (MSW, Ph.D. in Social Work); nurse practitioners (PMHNP), and other doctoral level mental health clinicians. Applicants with a master's degree from an accredited mental health degree program are eligible if they have at least two years of post-graduate didactic and clinical training and experience in psychodynamic psychotherapy.

We encourage inquiries about training early in professional career development. Such inquiries may be directed to the Chair of Admissions. Any applicant for candidacy, regardless of mental health degree, must fulfill the following requirements in order to be eligible for candidacy.

**Didactic education: prior education must include courses in:**

- Human development
- Psychopathology
- Major psychological theories
- Range of therapeutic approaches to mental disorders.
- Interviewing techniques, history taking, information gathering, report writing.
- Techniques of psychotherapy
- Dynamically oriented courses and clinical case seminars (60 hrs minimum).
- Principles of clinical and professional ethical conduct.

**Clinical experience:**

- A minimum of 3,000 hours or the equivalent of two years full time mental health, clinical experience under weekly individual supervision. Although this experience may be gained primarily from providing outpatient care, it should ideally include some experience with inpatient and emergency care situations, experience with the full range of mental disorders, and experience with diagnostic assessment and differential diagnosis.
- A minimum of 60 hours of individual supervision in the practice of psychodynamic psychotherapy such that the applicant can demonstrate a capacity to establish a clinical process and the potential for psychoanalytic clinical competency. These requirements are usually filled by the time
  - (a) Physicians and psychologists have completed their internship and one year of an accredited psychiatric residency;
  - (b) Doctoral level mental health clinicians, MSW's and PMHNP's have completed the clinical, didactic, and research requirements for their doctoral degree;
  - (c) Masters level clinicians have completed two years of post graduate and didactic training.

Individuals who do not meet the above eligibility criteria may be considered. The Oregon Psychoanalytic Institute, as an affiliate of the American Psychoanalytic Association (APsaA), adheres to the Association's policy regarding waiver requirements for certain medical and masters level applicants (e.g. primary care, psychology; nursing) who have demonstrated immersion in clinical work. The Chair of Admissions is able to provide current information about the waiver process.

## PERSONAL QUALIFICATIONS

---

Applicants for training are accepted on the basis of their education, intellectual interest, psychological aptitude, and emotional suitability for the practice of psychoanalysis. The applicant should demonstrate personal integrity and maturity, a broad interest in human motivation and psychological development.

As part of their interviews, applicants may be asked about their understanding of their inner struggles with personal issues and relationships. Important characteristics of individuals interested in doing psychoanalytic work include psychological understanding and sensitivity, a capacity for identification with others, self-reflection and an ability for objective observation. The psychoanalytic training program aims to foster and integrate these characteristics in the developing psychoanalyst. The applicant may use the required autobiographical statement that is included with their application to highlight such factors.

## ADMISSION PROCEDURES

---

Evaluation Process (Process takes 2 - 5 months.)

1. Completion of the application form, including a written autobiography, together with a non-refundable application fee of \$300. The deadline to submit an application is usually March 1, prior to a new fall class.
2. Receipt of three letters of recommendation.
3. Interviews arranged by the Chair of the Admissions Committee. There will be interviews with at least 3 analysts. At least one of the interviewers will be a training analyst. These interviews will address both personal and professional qualifications. There will be a minimum of two interviews with three faculty analysts.
4. Meeting of the Admissions Committee to discuss the application and vote on admission. In attendance will be the committee members and the interviewers.
- 4-5. A member of the Admissions Committee verbally informs applicant of the decision of that committee. The Director of the Institute notifies the applicant in writing of the Admission Committee's decision. The accepted applicant then confirms, in writing, his/her intent to begin training.
- 5-6. All aspects of the admissions process, including the application and autobiography, are strictly confidential. Documents are only

available to the committee for consideration during the admissions process. The Director of the Institute, the Chair of the Admissions Committee, or their designees are available to meet with applicants to discuss the decision. Applicants who are not accepted are encouraged to discuss this decision with one or more of their interviewers or the Chair of the Admissions Committee.

### Reapplication

In the event an applicant is not accepted for training, (s)he may reapply at a future time. There is no strict policy about the period of time between applications, nor is there any definite policy about the number of times an application may be accepted for evaluation. The Admissions Committee will be available to help with this.

### Transfer Applications

The Admissions Committee, in consultation with the OPI Director, will make an evaluation to determine whether the usual or a modified admission procedure will be followed.

Transfers of credit to the Institute may be accepted from institutes approved by the American Psychoanalytic Association and in some instances from institutes which are not affiliates of the American. Candidates whose institutes have waivers for training from APsaA may arrange for the transfer of the waiver from the original institute to OPI. The applicant must arrange for records to be transferred.

No credits are automatically transferable. Credit for training is determined individually, on a case-by-case basis by the Progression Committee in order for credit to be given to the incoming candidate. Any previous coursework completed at another institute will be reviewed by the Curriculum Committee. OPI reserves the right to require that the transfer candidate be interviewed by members of the faculty to determine suitability for training at OPI.

Transfer applicants may be asked to resume a personal analysis with an approved local training analyst.

## Enrollment

---

Accepted applicants are enrolled in the training program as pre-matriculation candidates. Admission to training carries the expectation that a candidate will, within a month or so of acceptance, report the start date of his/her personal analysis, along with the name of the approved training analyst, in writing to the Administrative Director. Candidates must be in analysis with an OPI TA six months prior to beginning course work. An individualized pre-matriculation curriculum will be arranged for candidates awaiting the start of the next class (see p. 22).

## Faculty Advisor

---

A faculty advisor is appointed by the Admissions Chair at the time of a candidate's acceptance, to assist with all aspects of training until graduation. Advisors function as liaison between the Progression Committee and individual candidates. The advisor's primary role is a supportive, non-evaluative relationship that helps facilitate the candidate's education and professional development as an analyst through an atmosphere of trust and respect. Communication between candidate and advisor is private unless agreed otherwise. An advisor will meet with a candidate/advisee at least twice a year, preferably more; will attend Progression Committee reviews and discuss in detail its deliberations with the candidate; and will be available for discussion of any educational matter, including supervision and post-seminar educational planning.

## **PROGRESSION**

---

The purpose of the Progression Committee is twofold. It follows the candidate's progress in training with periodic reviews, approval of major transitional steps, and makes every effort to assure the quality of his/her training. In addition, it acts in whatever way possible to identify important issues in the candidate's education and to make itself available and helpful to the candidate in advancing through his/her analytic education. If and when difficulties arise during candidacy, it is the responsibility of the Progression Committee to work with the candidate on a plan for resolving them. (see *Remediation, Probation & Dismissal*, p. 16)

Readiness to begin course work is determined either at the time of admission or following matriculation reviews. The Progression Committee routinely reviews each candidate's work at a minimum of once a year. A review is required for (1) first case approval, (2) third case approval, (3) approval for unsupervised work, and (4) graduation.

The Progression Committee determines the overall progress of each candidate's academic and supervised clinical work. This is based on combined appraisals of performance from the candidate's supervisors and teachers, who prepare semi-annual written evaluations of each candidate's progress. The Chair of the Progression Committee informs the candidate, in writing, of the Committee's recommendations. The faculty advisor informally reviews progress with the candidate following each Progression Committee review. A record of the candidate's progress is kept on file in the Institute office. This record is available for review by a candidate who submits a request through his/her advisor. To ensure the optimal coordination of clinical and theoretical training, candidates are expected to have at least one supervised case in analysis in order to advance to Year Three.

Candidates who have completed four years of didactic training, have had three cases well along in supervision, and have demonstrated clinical competence in psychoanalysis are eligible to advance to unsupervised work. This step requires Progression Committee approval. Unsupervised cases do not count for the graduation requirement unless supervision is sought. (See p. 13 *Advanced Status*).

Graduation from the Institute is based on the candidate's capacity for autonomous analytic work; the capacity to conceptualize and describe analytic process in writing; and the completion of all required course work. (See p.13 *Graduation*.)

A candidate's analysis is kept entirely out of the progression review, except to note whether a candidate continues in analysis. It is the responsibility of both the candidate and the analyst to communicate this information to the Administrative Director. A candidate's analyst does not attend the Progression Committee review of his/her analyses (or any other administrative discussion concerning the candidate), nor are the results of the review shared with the analyst.

## **Training Analysis**

---

A training analysis is the personal analysis that occurs during candidacy. It serves as a cornerstone of analytic education, and provides an immersion in the experience of psychoanalysis. The experience of the candidate's own analytic process, in conjunction with didactic seminars and supervision of their cases, provides an essential base for integrating the theory and practice of psychoanalysis.

Candidates may select any training analyst from the currently approved list of training analysts. Training analysis usually begins well before the start of classes, and shall begin no less than six months prior to the start of the first year of classes. The candidate's own analysis serves to

increase sensitivity to the workings of unconscious forces and to facilitate emotional growth. Training analyses are conducted at a frequency of four times per week at the minimum.

The training analysis is expected to continue well into the period of supervision of clinical work, ordinarily with an overlap of training analysis and supervised analytic work of no less than three years. If the training analysis ends prior to the completion of training, and emotional factors interfere with the candidate's ability to analyze patients, resumption of the training analysis may be required.

Analytic matters are entirely confidential. One's analyst does not participate in discussions involving his/her analyses. However, the fact that one is in a training analysis is reported to the Progression Committee and Administrative Director, as is the date of termination. Candidates are required to inform the Administrative Director, in writing, of the dates analysis begins and ends, as well as the name of the analyst. The training analyst is also required to inform the Administrative Director of the beginning and end dates of each training analysis.

In some cases a waiver may be sought by the Institute for a personal analysis of a candidate by an analyst who is not a TA. The analyst must be a graduate of a psychoanalytic institute affiliated with the American Psychoanalytic Association or the International Psychoanalytic Association and meet certain requirements, such as sufficient immersion in the practice of analysis.

## **Supervised Clinical Work**

---

The Progression Committee Chair will assist each candidate in selecting a supervising analyst. The first two supervisors must be with an OPI supervising analyst. For subsequent cases, candidates may also choose APsA approved supervisors from other institutes. Supervisors from other institutes must obtain GRSA (Geographic Rule Supervising Analyst) status from the American Psychoanalytic Association.

Regular meetings with the first supervisor are to begin by the start of classes. Supervisory sessions are conducted weekly. One purpose of these meetings is to assist the candidate in the assessment of current and potential patients for undergoing analysis.

A candidate may seek permission from the Progression Committee, in consultation with the supervisor, to begin a first analytic case during the first half year of classes. Ordinarily, unless individual circumstances suggest otherwise, the Progression Committee will consider and approve starting a first supervised case, contingent on supervisor approval, at the

time of the first progression review around January following the start of classes.

Supervised cases are seen a minimum of four times weekly. Candidates are encouraged to have as many concurrent cases as possible and to work with three or more supervising analysts. Sufficient clinical immersion during the didactic seminars is very useful in ensuring a good analytic education

Graduation requires the satisfactory supervised analyses of three adults, including both genders and one at a low fee (\$75 or less per session). Cases must show development of a psychoanalytic process to be counted toward graduation

Supervisory evaluations of the candidate's work are submitted to the Progression Committee at least twice a year, or on request. The supervisor shares these written evaluations with the candidate. Fees between candidate and supervisor are negotiated privately and are expected to be no less than \$75 per session on low fee cases

Under certain circumstances it may be possible to use telephone or video teleconferencing in the analysis of a candidate control case. For a first such case, OPI policy requires a minimum of one year of in-person analytic work prior to consideration for distance work. Due to the complex legal considerations, licensing and insurance regulations, and confidentiality/security issues, such cases require prior approval by the candidate's supervisor and the Progression Committee

## **Insurance & Licensure**

---

Candidates must be licensed to practice and have appropriate malpractice insurance (\$1,000,000/\$3,000,000) before requesting permission to begin supervised clinical work. Up-to-date proof of insurance and licensure is to be routinely provided to the Administrative Director throughout candidacy.

Faculty members, training analysts and supervisors are required to provide the same proof of insurance and licensure annually.

## **Case Selection, Case Assignment, And Fees**

---

The majority of analytic cases come from the candidate's own practice. The criteria for selection should be based on the careful consideration of the patient's capacity to do analytic work. Approval is granted through consultation with the supervisor. Supervisors will assist in consideration

of suitability for analysis and conversion of patients from psychotherapy cases, and serve as mentors in all matters of educational concern.

After the first case is under way, either the supervisor or candidate may initiate a conversation regarding the candidate's readiness to begin a second case. The next step is for the candidate to seek a second supervisor and to discuss beginning a second case for analysis. The first supervisor reports to the Progression Committee on the candidate's readiness for a second case; however the second case does not require a Progression review.

Approval to begin a third case must be granted by the Progression Committee, following a review. This is requested by the candidate.

Supervision on all approved training cases will ordinarily occur on a weekly basis, and will continue either until the case terminates or the candidate graduates.

Fees between patient and candidate are negotiated privately. It is required that candidates take at least one low fee case during the course of training. Low fee is defined as \$75 or less per session.

### **Case Records and Reports**

---

Upon completion of assessment of analyzability and a decision to undertake analysis of a control case, the candidate must fill out the identifying information on a *Candidate Record of Supervised Analysis* form (available in the Institute office) and submit it to the Administrative Director for the file. This is essential because it activates the monthly tabulation of hours of control analyses and supervision which must be maintained. This form identifies the supervisor, indicates the start date of analysis, etc; it must be updated by the candidate prior to each progression review.

Initial, annual and final clinical case reports are required from the candidate. The initial write-up is required within two months of starting a case; it should emphasize diagnosis, assessment of analyzability, projected dynamics, transference, countertransference, expected resistance in the analysis, and the evolution of the opening phase. Thereafter, interim reports are due annually prior to the fall (Oct/Nov) Progression review meeting, and should convey the course and process of the analysis. All case reports must be discussed with and approved by the supervisor and submitted no later than one month prior to the appropriate Progression review meeting.

A final report is due upon an interruption and/or termination of the analysis. As above, it must be approved by the supervisor and submitted no later than one month prior to the next Progression review.

A complete case summary (no more than twenty double-spaced pages) is required for at least three control cases prior to graduation. If a candidate has elected to have additional supervised cases during training, briefer (no more than two pages) summaries are required. No reports are required on unsupervised cases.

A copy of each case report, following approved by the supervisor, is submitted to the Administrative Director, for the candidate's file, no less than one month prior to the Progression review. Note that all case reports are confidential and must be treated as such. Office copies will be destroyed upon the candidate's graduation. Case reports must be up-to-date to progress to the next seminar year, progress to a third case or unsupervised status, or to graduate.

### **Informed Consent**

---

Candidates are expected to obtain informed consent of all new patients in psychoanalysis during their candidacy. Compliance with the policy must be documented with the Progression Committee. This may be done in either of the two following formats.

1. The candidate informs the patient that (s)he is a student in psychoanalytic training and is conducting the patient's psychoanalytic treatment in the context of studying to become a psychoanalyst at the Oregon Psychoanalytic Institute.
2. The candidate obtains from the analysand a signed statement to the effect that the patient has been informed that the treatment is occurring in the context of being a student in psychoanalytic training at the Oregon Psychoanalytic Institute.

### **Advanced Status & Unsupervised Work**

---

Advanced status means one has completed the four year didactic curriculum. Advanced candidates are required to attend continuous case conference seminars until graduation. They are encouraged to attend other special programs.

A candidate who has demonstrated clinical competence in psychoanalysis; completed the four-year curriculum of classes; and has three cases well along in supervision may petition the Progression Committee for permission to conduct unsupervised analyses. This requires a Progression review. The candidate will then be able to take on additional cases without supervision. Supervision must continue on training cases initiated prior to approval for unsupervised analytic work.

## **Seminar Attendance**

---

Candidates participate in the clinical seminars until graduation. The four-year core curriculum is arranged into four tracks: Development, Technique, Theory, Psychopathology and Process. Following the fourth year, candidates are expected to attend weekly Continuous Case seminars during the academic years prior to graduation.

Attendance at all seminars is required. If for any reason a candidate is unable to attend a seminar session, the faculty instructor should be informed of the anticipated absence.

It is the candidate's responsibility to work out makeup arrangements with the instructor.

Makeup arrangements can be fulfilled in a variety of ways by mutual agreement of instructor and candidate. Some examples are: taking the seminar in a future year, meeting in a tutorial with the instructor, reporting in a future seminar meeting on extra reading, writing a brief paper on the subject.

These makeup arrangements are optional for the instructor. If for any reason the instructor is not able to arrange makeup sessions with the candidate, the candidate should contact the Curriculum Committee Chair to assign another faculty member to meet with the candidate in whatever makeup arrangement they agree upon after consultation with the seminar instructor. The makeup arrangement with the seminar instructor or other faculty member takes place on the same voluntary basis as any teaching done within the curriculum; that is, no fee is charged.

Faculty instructors for each seminar have the obligation to determine whether the candidate's level of attendance and participation is sufficient to receive credit for the seminar. (Less than 80% attendance will not earn credit.)

## **Graduation**

---

Graduation is based on the following criteria:

- Satisfactory completion of the four-year curriculum and post-seminar academic requirements
- The candidate's training analysis shall have overlapped sufficiently with his/her control cases (ordinarily at least three years) and course work.
- The assessment by the Progression Committee that the candidate has demonstrated a mature capacity to conduct psychoanalysis and

has a comprehensive knowledge and understanding of the psychoanalytic process and situation, and the clinical methods and technique used in the practice of psychoanalysis

- Demonstration of competence in psychoanalysis with at least three cases, representing both genders, conducted at least four times per week, supervised by an OPI/APsaA approved Supervising Analyst. There must be at least 1200 documented supervised hours of analytic work; two cases must be at least two years in duration, and have progressed to a middle phase; a third case must be at least one year in duration, and show potential for transition to a middle phase. Keep in mind, unsupervised cases do not count toward graduation requirements. Fulfillment of specific criteria, such as number of control case hours, does not guarantee approval for graduation.
- It is required that the candidate take at least one low fee case during the course of training. Low fee is defined as \$75 or less per session.
- All supervisor-approved case reports (initial, annual, final and complete case summary) are submitted to the Administrative Director. Final case reports on both complete and incomplete cases are required. (See *Case Records & Reports*, p. 12)
- All Institute fees shall be paid.

The graduation approval date will be the date of the EC meeting at which final approval for graduation is given. The certificate of graduation will be presented at the next graduation ceremony, the date of which will be considered the official graduation date.

Graduates are encouraged to return to supervision during the termination phase of at least one control case.

Upon graduation approval, a candidate is eligible to apply for Institute faculty status, to the Faculty Appointment & Development Committee.

### **Remediation, Probation and Dismissal**

---

The Institute reserves the right to dismiss a candidate for reasons of deficiencies in ethics, conduct, personal or professional maturity, or psychoanalytic knowledge or skill. Where less than satisfactory progress is noted, and remediation is considered possible, a program to remedy the identified difficulties will be developed by the Progression Committee and submitted to the Executive Committee for approval. This will be conveyed to the candidate by his or her faculty advisor.

During the period of remediation, the candidate may be placed on probation, which at a minimum shall be six months. During the

remediation period, the candidate's progress is closely monitored by the candidate's faculty advisor, supervisors, teachers, and the Progression Committee.

Sometimes problems only become apparent during clinical work. At times when the candidate's analytic knowledge is deemed insufficient, the candidate may be required to attend additional classes or set up a private tutorial.

At the conclusion of the remediation period, the candidate may be returned to regular status in the Institute. It is also possible for the candidate to be dismissed at the end of a period of remediation or recommended for a leave of absence if it is judged that such a leave would be likely to be corrective. Decisions about dismissal rest in the exclusive discretion of the Institute and are final.

### **Leave Of Absence**

---

Under certain circumstances a candidate may decide that it is necessary to go on a leave of absence from active status. The candidate should submit a letter to the Progression Committee describing the reasons that s/he believes a leave of absence is necessary. The Progression Committee will then consider the request, and specify conditions under which the LOA could be approved. Because of the advantages of continuity for psychoanalytic education, an LOA should not extend beyond two years. A leave may apply to academic work only, or for both clinical and academic work.

A candidate on LOA will be considered "inactive" and therefore not eligible for some benefits and privileges available to candidates on active status, such as reduced rates on continuing education programming.

The Committee will hold periodic reviews during the LOA and will review the candidate's request to be reinstated. At the Committee's discretion, it may require interviews and evaluation to determine a candidate's suitability to return. Candidates going on leave from both clinical and academic work should consult with supervisors, and if necessary with the Committee, about appropriate clinical management of current analytic cases. When supervised analytic work is continued during a clinical leave, this work will not count toward the graduation immersion requirement for supervised analytic work.

The candidate on leave is expected to keep in contact with his/her advisor on a regular basis, but not less than every six months. This facilitates the faculty's ability to assist the candidate during the LOA and to help prepare for eventual return to class and/or clinical work.

An LOA candidate must agree, in writing, not to conduct analysis under the auspices of OPC while on leave. Candidate will pay an annual LOA fee (see p. 17)

## **TRANSFER FROM CLINICAL PROGRAM TO ACADEMIC PROGRAM**

---

On occasion, a Clinical Candidate may wish to transfer to the Academic Candidate status. The candidate may submit a written request for such change to the Chair of the OPI Progression Committee. The Progression Committee will review this request and make a recommendation to the OPI EC who will then make a final decision.

If approved for a transfer to become an Academic Candidate, the candidate will agree to complete all requirements for graduation as specified for the Academic Candidate Training Program. In addition, the Academic Candidate will continue working with the supervisor(s) to plan and facilitate a suitable ending of any existing control case psychoanalyses through a termination, a transfer or a conversion into a psychoanalytic psychotherapy. The Academic Candidate will sign an agreement stating he/she will not practice psychoanalysis.

## **ADVANCED EDUCATION AND TRAINING**

---

Psychoanalytic education continues beyond graduation. To prepare future teachers and training analysts and to promote research, OPI sponsors advanced studies through faculty development and reading groups. Graduates are encouraged to become members of the faculty. Advanced candidates, graduates, and other members of the faculty may arrange a tutorial in appropriate areas of their clinical and theoretical interests, including supervision and the writing of psychoanalytic papers.

## **ETHICAL CONTRACT**

---

While enrolled in the Institute each candidate pledges to conduct only the psychoanalytic treatment (s)he has been authorized to conduct and adhere to the ethical principles of the American Psychoanalytic Association. (S)he may not represent her/himself as a psychoanalyst until graduation.

There may be instances when a candidate has an ethical concern. Because the Oregon Psychoanalytic Institute is part of the larger Oregon Psychoanalytic Center, these concerns are handled under the OPC Ethics Committee. In addition to consulting that committee, candidates are encouraged to talk with their supervisors, advisors and teachers.

## **BEST PRACTICES**

---

A Best Practices Work Group has been formed to address concerns that candidates and faculty may have concerning the functioning of a fellow analyst or candidate. Such issues might include the effect of health problems on professional functioning or clinical practices that seem to fall outside the professional norm. It may be necessary to refer ethical issues to the Ethics Committee of OPC.

## **CERTIFICATION BY APsaA**

---

A graduate analyst is encouraged by OPI to apply for certification by the American Psychoanalytic Association. At the current time, this process serves as a national review (rather than a review by the organization directly responsible for the applicant's training) to demonstrate competence in conducting psychoanalysis. Case write-ups and oral discussion with members of the Certification Committee are required. It is the graduated analyst's responsibility to apply for, complete, and submit the necessary forms and reports. The application and procedure for certification are an essentially private matter between the Committee on Certification of APsaA and the graduate. Members of the faculty are available to assist the graduate in preparing for the written and oral requirements for certification.

## **SCIENTIFIC WRITING: HAROLD BOVERMAN AWARD**

---

In an effort to encourage candidates and faculty members to contribute to the ongoing development of psychoanalytic knowledge, a writing prize has been established. The Harold Boverman Award is named after an OPI founding member. It is open to all candidates and any faculty member (within ten years of graduation) who is the major author of a psychoanalytic paper accepted for publication in a peer reviewed psychoanalytic journal. An ad-hoc committee appointed by the Chair of the EC will read submitted papers and determine the winner. Eligible contributors are welcome to submit an unlimited number of papers.

## **TRAINING ANALYSIS AND PSYCHOANALYTIC SUPERVISION FEES**

---

Fees for personal analysis are arranged between analyst and candidate. Fees for supervision are arranged between supervisor and candidate, with aforementioned low fee restrictions. The analysis and each supervision must be with a Training & Supervising Analyst approved by the Oregon Psychoanalytic Institute and APsaA.

## TUITION (Annual) AND FEES

---

Application fee -----	\$ 300
Tuition, pre-matriculation class -----	\$ 1,000
Tuition, years 1 through 4 -----	\$ 4,500
Tuition, years 5 and beyond -----	\$ 2,250
PEP-WEB subscription -----	\$ 85
Leave of Absence fee -----	\$ 600
Late fee -----	\$ 100

Tuition will be due at the beginning of the fiscal year, July 1.

For the convenience of candidates, one-half may be paid July 1 and the remainder by Dec.31.

A late fee of \$100 will be charged for all late tuition payments (including approved deferred payments).

Failure to make payments when due disqualifies the candidate from class attendance, unless arrangements for deferred payment have been made with the administrative director.

In general, the Institute does not refund fees after a candidate has begun classes. If an accepted candidate decides not to enroll two weeks or more prior to the start of classes, fees will be refunded, less administrative costs of \$300.

Tuition and fees are subject to periodic review and change.

## CALENDAR OF CLASSES

---

Institute classes (three 90 minute classes with 15 minute breaks between them) usually meet on Friday afternoons or on Saturday mornings (when visiting faculty is teaching) throughout the academic year – September through May. Current schedules and bibliographies and readings are made available in August, for the candidate to reproduce. There are breaks at: Thanksgiving, winter and spring breaks, and during national meetings of APSaA.

## CURRICULUM

---

The four-year core curriculum is designed to function within the traditional tripartite model of psychoanalytic education. The student's course work, supervised analytic cases, and personal analysis all take place concurrently, thus fostering optimal analytic growth and development through the integration of theoretical concepts with clinical work. The curriculum is organized into five tracks: theory, psychopathology,

development, theory of technique, and continuous case presentations. The curriculum introduces the candidate to historical and contemporary points of view. The continually evolving nature of psychoanalytic knowledge and relevance of multiple perspectives is crucial. The student is challenged to integrate the multiplicity of theories and perspectives that are the hallmark of analysis today, to develop their own point of view, and to cultivate a continual openness to learning from patients, papers, discussions, and self-understandings..

To further the goal of continuously evolving learning, we have created an open system among students, faculty and the curriculum committee. Feedback from candidates is actively encouraged. In addition to written feedback of instructors and courses, two class mentors are assigned from the curriculum committee for each class of candidates. The class mentors meet regularly with the class, ordinarily at the beginning of the year and the end of each trimester. Discussion of all aspects of training is welcome, but feedback regarding instructors and classes is specifically encouraged. Course content, instructor effectiveness and style, and process factors are among the important variables. Courses are often modified or added in the light of such feedback. The committee encourages candidates to inform a class mentor, the chair, or any member of the curriculum committee of suggestions or problems while a course is underway, so that issues may be addressed and problems resolved while the course proceeds.

Faculty also evaluates the academic development of candidates through observations of their class participation. Instructors send written feedback at the end of each course to the committee. Traditionally, these reports are sent to the progression committee, and reviewed with each candidate with their advisor once or twice a year. The purpose is to facilitate the learning process in a respectful manner attuned to the individual talents and needs of each candidate. To this end, class mentors are ready to provide opportunities to talk over how things are going at the candidate's request at any time.

### **PREMATRICULATION**

Until a full complement of the next class is formed, an individualized curriculum will be set up between the candidate and a representative from the Curriculum Committee. This individualized curriculum may include one or two meetings with selected faculty to read and to discuss psychoanalytic papers, review a pertinent topic, etc. When the next class has been selected, monthly meetings with class members will occur until the beginning of the first official year of training. These meetings will cover pertinent reading and discussion with faculty members, review policy and procedures, and generally introduce the candidate to institute culture. Pre-matriculated candidates are charged an annual administrative fee.—(See Page 19).

## **YEAR ONE COURSE DESCRIPTIONS**

---

### ***Core Concepts in Psychoanalysis***

These core concepts originated with Freud and were elaborated on and added to by subsequent generations of analysts. Psychoanalysis is both a comprehensive theory of mind as well as a methodology of treatment. We will start with Freud and traverse the literature to explore the seminal concepts of the unconscious, dreams, psychic reality, conflict, free association, resistance, defense and transference/countertransference and object relations. The difference between psychotherapy and psychoanalysis will be explicated as we explore these topics. Selected readings will span historical and contemporary writing about these concepts. This course is intended to provide the candidate with a foundation and a working psychoanalytic vocabulary that will provide the basis for what will be taught and learned throughout psychoanalytic training.

### ***Continuous Case Conference I***

Focus on the beginning stages of a psychoanalytic process: case finding, suitability for analytic psychotherapy or psychoanalysis, conversion of psychotherapy to psychoanalysis, and beginning the analysis. Attention will be paid to individual and group process, exploring the experience of becoming a candidate, and of forming a collaborative group that provides a respectful, supportive, safe environment for case presentation. Candidates will present a case for class discussion, including recent process notes, using the material presented to understand the complex issues involved, as well as feelings evoked related to beginning psychoanalytic training and approaching one's first case. The primary task will be looking at our caseloads together in order to help one another find potential analytic cases.

### ***Psychoanalytic Writing***

Analytic case writing, as acknowledged in the title of the paper by Lister et al. (2008), "*I Write to Know What I Think: A four-Year Writing Curriculum*" is a useful way to help analysts think more deeply about what is happening with their patients in the consulting room, and perhaps actually discover what they're thinking about and learning about their patient. The course will emphasize analytic writing as opposed to clinical supervision which focuses on the treatment. Thus, the aim will be to create a safe atmosphere that will help the candidate group to explore the efficacy of their own writing and to develop as discussants of each other's writing. Over the four years, the writing curriculum will help the candidates develop the skills to create analytic case write-ups which they will be required to do for each of their analytic cases, and which is required for certification. The first year curriculum will focus on writing about countertransference.

### ***Freud I***

In 1893, when the “Preliminary Communication” was first published, Sigmund Freud was 37 years old, not so different from most analytic candidates. He had been a promising neurologist and researcher, and dreamed of an academic career, but when he graduated from medical school in 1881 Jews were not allowed to become professors at the University of Vienna. He retained an academic connection and continued some research, but mainly he went into private practice—again, like most analytic candidates.

Out of his clinical experiences between 1881 and 1893 he almost single-handedly developed Psychoanalysis. As we will see he was strongly influenced at first by Joseph Breuer, and later by Wilhelm Fleiss, but by 1900 when he published *The Interpretation of Dreams* he was essentially working alone.

### ***Development 0-5 Years***

A review of both contemporary and historic psychoanalytic theories of the first five years of child development. Emphasis will be given to theories which have implications for the diagnosis and treatment of adult psychopathology in psychoanalysis. An effort will be made to tie the theories to the clinical situation.

### ***Continuous Case Conference II***

Process material presented will be subjected to participants’ associations and used to demonstrate unconscious listening and processing. Following a format introduced in the article, “Weaving thoughts,” by Norman and Salomonsson, the group process of working together achieves deeper meanings and awareness of clinical process.

### ***Freud II - Metapsychology***

We will take up several of Freud's central concepts, as he developed them during a crucial decade or so of his work (1915 - 1926). We will trace several major lines of his work, as they inform and infuse every psychoanalytic theory today. We will especially consider concepts of narcissism, the repetition compulsion, the unconscious nature of defense, and unconscious danger situations which arouse anxiety and motivate defense. We will consider four major Freud papers, the core contributions of which have been taken up and used differently (or not at all) by contemporary psychoanalytic clinicians. We will be introduced to some ways in which these core concepts have been employed in understanding neurotic syndromes.

### ***Introduction to Psychopathology***

The seminar begins with overviews of the Freudian view of mental functioning, then a general reading of Freud's views on symptom formation and anxiety. The remaining sessions deal with specific neuroses as well as general topics like transference neurosis and infantile neurosis. Readings will be used to delve into details about the topics at

hand and case vignettes will be brought in to further illustrate the clinical aspects of the topics.

### ***Ego Psychology***

With the publication of *The Ego and The Id* (1923) and *Inhibitions, Symptoms and Anxiety* (1926), Freud completed the ground plan of psychoanalytic theory (the so called "structural model"). The main elements of the ground plan were: 1) mental structure: id, ego and superego; 2) dual drive theory; libido and the destructive/aggressive drive; the points of view of metapsychology: dynamic, economic and topographic/structural points of view; 4) a developmental view of the mental drives, affects and structure combined with a genetic conception of conflict and conflict resolution; 5) the oedipus complex as the "nuclear complex of the neuroses."

This course will follow the continuous historical development of that general plan as it was elaborated, modified and transformed since 1926 until the present. It will be divided into three parts: 1) the structural model and its immediate consequences; 2) developments in the theory of the ego; 3) the superego.

### ***Continuous Case Conference III***

This course will consist of presentations and discussions of detailed process material, preferably analytic, but psychotherapeutic if necessary, with the purpose of sharpening listening, clarifying the distinction between hypothesis and evidence, examining the use of theory, and articulating the distinction between those aspects of process that precede questions of technique from specifically technical issues.

## **YEAR TWO COURSE DESCRIPTIONS**

### ***Ego Psychology***

The aim of this short section is to introduce you to American Ego Psychology as a distinct analytic point of view. It dovetails with your course on neurosis. Needless to say, four meetings are not sufficient to convey the complexity of American ego psychology. Somewhat unfairly, it has been tagged as a one person psychology, a relic of the naturalistic philosophy of the 19th and early 20th centuries in which the analyst listens closely to the patient's free associations from which the analyst deduces the patient's defenses/resistances, analyzes and works through those and then interprets an unconscious fantasy which itself has become a resistance. This is an unfair depiction and yet has some truth to it. I hope candidates will gain some appreciation for the complexity of this theoretical point of view and be able to use it as situations arise. We will start with Anna Freud and end with Leon Wurmser, incidentally, both Europeans.

### ***Continuous Case Conference I***

In this case conference, candidates will present close process clinical material from their ongoing work with patients. We will pay closely attuned attention to the multiple dimensions of analytic listening within our mind's ear, while paying special attention to the meaning within the mind of the patient, and to the uniquely interpersonal approach to the analytic encounter. We will consider listening as contextually related to imensions of the "intimate edge" of the analytic relationship, while we think about how to "open" the work in ways that can be transforming for both patient and analyst. Aspects of listening empathically and listening to silence are discussed.

### ***Psychoanalytic Writing***

We continue to use the curriculum inspired by the writing curriculum of the Columbia Center for Psychoanalytic Training and Research, described in the Lister et al (2008) article, "I Write to Know What I Think: A Four-Year Writing Curriculum." It describes the educational opportunity implicit in analytic case writing and provides a seminar dedicated to the task of writing in all four years of the curriculum. We will continue to emphasize analytic writing and how well our writing communicates the experience-near narrative of the case and the analyst/writer's thinking about it at this point in its development. We will attempt not to supervise or discuss the analytic process itself as there are other venues for that to occur. We focused on countertransference experiences in the first year, and will focus on the microprocess in the second year. The micro-process is the detailed "he said – then I thought – then I said – then he said (or something happened) – then I thought," followed by a formulation about this interchange. We will use the same format this year as last year: write a 1-2 page vignette using the microprocess to demonstrate some point about what is occurring in the treatment. The 1-2 pages should use 12-font, be double-spaced, and have 1-inch margins. These are the requirements for the certification write-ups, and are fairly standard.

### ***The Development of the Human Mind: Birth to Five***

Psychoanalysis, above all, is a developmental psychology. Regardless of which psychoanalytic model of the mind the practitioner uses, his or her models of pathogenesis and mutative action will be influenced by an implicit or explicit developmental model of how the mind functions. This course will offer a contemporary, non-linear dynamic systems approach to understanding how the human mind develops and functions that contrasts with the traditional psychoanalytic emphasis on the linear progression through psychosexual stages. This contemporary approach assumes that any patient "at any given moment is a complex product of his or her endowment, developmental history, current circumstances, and relationships with key figures, as well as the relationship unfolding in the here-and-now patient therapist interaction" (Gilmore & Meersand, 2014, p. 1).

### ***Intro to Infant Observation***

The purpose of this course will be to introduce candidates to the value of infant observation in learning about observing analytically using the Tavistock model of Infant Observation. This will be demonstrated through readings, observations of infants in the home, and discussion of the observations in seminar format.

### ***Dreams***

Dreams function in a manner that both partly reveals and partly conceals intrapsychic meaning. Like neurotic symptoms, dreams allow for an indirect expression of unconscious conflict. The dream, like the neurotic symptom, must be sufficiently removed from its core unconscious determinants in order to preserve sleep. In addition, they provide important clues regarding the mind of the dreamer. Freud wrote that dreams provide a “royal road to a knowledge of the unconscious activities of the mind”. Commonly misquoted as ‘Dreams are the royal road to the unconscious’, working with dreams psychoanalytically reveals both unconscious content and ways in which the unconscious works. This course will serve as an introduction to the conceptual frame for understanding the role of dreams in intrapsychic life and how to work with dreams clinically. As an introductory course, we will follow the changing perspectives over the past century regarding dream work in psychoanalysis

### ***Klein***

This seminar is an introduction to Melanie Klein’s major theoretical themes and technical innovations that enabled her to work with very young children as well as with severely disturbed children and adults. Her play therapy with young children informed her theoretical understanding and gave her insight into primitive mental states that continue throughout life. Her curiosity about why love did not heal informed her technical advances even while she attempted to stay true to Freud. The seminar will prepare participants for further in depth study of her clinical papers.

### ***Continuous Case Conference II***

In this clinical case conference, process material presented will be subjected to participants’ associations and used to demonstrate unconscious listening and processing. Following a format introduced in the article, “Weaving thoughts,” by Norman and Salomonsson, the group process of working together achieves deeper meanings and awareness of clinical process. will be subjected to participants’ associations and used to demonstrate unconscious listening and processing. Following a format introduced in the article, “Weaving thoughts,” by Norman and Salomonsson, the group process of working together achieves deeper meanings and awareness of clinical process.

### **The British Independents**

After Freud's death, the British psychoanalytic scene's leadership became divided between the two powerful personalities of Melanie Klein and Anna Freud. With the Society near shattering, a series of "Controversial Discussions" ensued to determine how psychoanalysts could resolve to maintain their different allegiances and live together. The bulk followed in the Freudian or Kleinian traditions; however, a third tradition, the "Independents" could be said to have emerged, if one can tolerate the paradox of a tradition marked by independence of thought. This course will initiate the students into the study of several of the major thinkers past and present within this tradition known for its creativity and lively spirit of practice and theorizing.

### **Transference/Countertransference**

This brief course on transference and countertransference will review the history of each concept and then explore selected readings from classical and contemporary perspectives. We will focus on understanding the distinctions between these schools of thought as related to the interpretation of the transference--one way of summarizing this would be, do you wait until the patient has conscious awareness of their transference, or do you interpret what you see as the leading unconscious edge? In exploring this tension, we will clarify different views of transference, explore the gains and losses of different ways of interpreting the transference, and think together about whether there is a "right" answer to the question or whether certain clinical situations are better served by different kinds of transference interpretation, and if so, what these might be.

### ***Continuous Case Conference III***

This class will be a clinical laboratory in which in-depth case presentations and discussions will deepen the candidates' understanding of psychoanalytic theory and technique. The course will help candidates develop and understand their own way of listening, understanding, and intervening—in short, their own psychoanalytic 'ears' and 'voices'. The class will use a case conference format in which a candidate will present his/her analytic work for at least 3 sessions, with detailed process notes to allow for close process reading. Using all participants' free associations and "awake dreaming" (referring to their class on Bion), we will aim to identify unconscious themes and fantasies in the material. Transference and countertransference phenomena, resistance, enactments, and clinical formation will also be emphasized. The instructor will pay particular attention to the candidates' concurrent Theory and psychopathology courses, particularly those on Bion and Severe Psychopathology; and will integrate those ideas into the case discussions.

### ***Bion***

This course is designed to be an introduction to Bion's work, using Donald Meltzer's third book of *The Kleinian Development* as a guide. At best, these six weeks can be only an introduction which, if found useful to any members of the seminar, may turn into years of study and development, stimulated by Bion's writings and the individual participants clinical and life experiences. The intent is to begin laying the groundwork in Bion's thinking as expressed by him. Further interest will then allow for broader readings in selected areas, as well as investigation of how other authors have "digested" and furthered his thinking.

### ***Psychopathology II***

Designed as an introduction to thinking about patients with more severe and destructive internal dynamics. We will start with an overview of psychosis, primitive anxieties and defense systems, there will be a focus on Projective identification. We will lay the ground work for theoretical understanding of a wide variety of clinical descriptors including Narcissism, Masochism, Perversion, Psychic retreats and Pathologic Organizations. Clinical work will be brought in by instructors and students in order to "feel into", the experience of working with more primitive parts of the personality.

## **YEAR THREE COURSE DESCRIPTIONS**

---

### ***Back to Psychoanalytic Basics***

An overview of core theoretical concepts that form a conceptual scaffold for what will be taught and learned throughout analytic training. This overview presents an essential vocabulary of psychoanalysis. We will use clinical vignettes to bring the concepts to life, while *listening* for affect, defense, resistance, and internal conflict

### ***Defensive Processes***

A continuation of the introduction to defenses and defense analysis that was begun last year. I would urge all to read Anna Freud's *The Ego and the Mechanisms of Defense* which is the foundational classic. Defenses appear in the course of analysis as resistances to deepening the analytic work. What is being defended against and for what reasons and does one intervene come up repeatedly in every analysis.

### ***Continuous Case Conference I***

This six week Continuous Case Conference course will focus on listening for and understanding the concept of the analytic couple. Discussion will follow the complexities of transference and countertransference interplay that holds the potential for psychic movement and growth. The case

material presented will be examined using the concept of Klein and Bion. Theory.

### ***Psychoanalytic Writing***

We continue to use the approach inspired by the writing curriculum of the Columbia Center for Psychoanalytic Training and Research, described in the Lister et al (2008) article, "I Write to Know What I Think: A Four-Year Writing Curriculum." It describes an approach to teaching analytic writing which they call "layering" which suggests a way to build skills each year to help the writer develop their annual case write-ups, and to learn the value of writing in helping to formulate and understand their cases.

### ***Ethics***

We will take up the cornerstones of psychoanalytic ethics and discuss the complicated day-to-day decisions that come up for us around confidentiality, truthfulness, technology, the frame, analytic competence, and boundaries – both with our patients and in working in a small analytic institute. The emphasis will be on the value of thinking through what can be complex situations, the ongoing acknowledgement that we all have blind spots. And on the importance of bringing in a third mind.

### ***The Oedipus***

In this course, we will be exploring how the concept of the Oedipus manifests in patient, analyst, and the analytic process. We will be looking at distinctions between dyadic and triadic functioning, pre-oedipal and oedipal object relations and the origins of an internal sense of subjectivity and objectivity.

### ***Psychopathology III: Narcissism, Sadomasochism***

This course will cover a variety of diagnostic entities as addressed in the psychoanalytic literature. The topics will be: depression; anxiety; trauma and dissociation; perversions; and schizoid, narcissistic, borderline, obsessional and sociopathic personality disorders as well as sadomasochism. Emphasis will be placed on the psychodynamics of each, as well as differences in clinical approach. Most readings will be recent articles supplemented with a few classics.

### ***Continuous Case Conference II***

In this clinical case conference, close process material will be presented and discussed. The class will be encouraged to explore their own internal response, associations, unconscious listening and unconscious processing, as we hear and explore clinical work for possible meanings, as well as how the feelings in the field may inform interventions.

### ***Self-Psychology***

Heinz Kohut began writing in the 1950's on the issues that developed over years into what we now refer to as "Self Psychology". This new direction grew out of the difficulties encountered in treating pathological narcissism. Taking issue with the then current understanding of narcissism and how to treat it, Kohut developed a view of normal and abnormal narcissistic development and its treatment in significant ways which was an historical departure from Freudian psychoanalysis. It is described as the pivotal turning point for psychoanalysis towards a broad spectrum of relational psychoanalysis. This course will explore that theory, treatment implications, several main concepts such as narcissistic transferences, empathy, selfobject, idealization, mirroring, and narcissistic rage, utilizing both reading material and our clinical experiences. The trajectory Kohut set into motion is still on the move and we will explore some of the directions other psychoanalysts have taken subsequent to self psychology's

### ***Development: Latency Through Adulthood***

In this class we will examine both classical and contemporary psychoanalytic theories to engage a developmental perspective across the life span, from middle childhood through adulthood. Development is understood as the process that integrates endowment, emerging capacities, environment, and experience and results in nonlinear and sequential mental organizations. We will consider aspects of child, adolescent, and adult development, with emphasis will be on understanding how a developmental perspective informs the treatment situation with our adult patients.

### ***Continuous Case Presentations III***

This course will consist of presentations and discussions of detailed process material, preferably analytic, but psychotherapeutic if necessary, with the purpose of sharpening listening, clarifying the distinction between hypothesis and evidence, examining the use of theory, and articulating the distinction between those aspects of process that precede questions of technique from specifically technical issues.

### ***Intersubjectivity: Ferenczi to Ferro***

Underlying most contemporary schools of psychoanalysis is a common feature—either explicitly or implicitly they accept intersubjectivity as an essential feature of human experience and of the psychoanalytic process. Most broadly defined, intersubjectivity refers to 'what happens' between two subjectivities. Variations in theories of intersubjectivity lie in the understanding of the nature and quality of this interaction and the prominence it is given in the analytic process. This course will review intersubjectivity as a common thread in some contemporary psychoanalytic schools, exploring the differences in their conceptualizations of intersubjectivity

and the clinical implications of these differences. We will touch upon the following areas: 1) Infancy research; 3) Self psychological intersubjectivity theories 4) Intersubjectivity as a “third”; 5) Interpersonal/Relational schools; 6) Bionian field theories; and 8) Body perspectives.

## **YEAR FOUR COURSE DESCRIPTIONS (under revision)**

### **French Psychoanalysis**

This course will attempt to provide an overview of major developments in post World War II psychoanalysis that have occurred in France. In addition to identifying some of the major strands of French analytic thinking, we will try to consider their inter-relatedness with other concurrent lines of development of analytic thinking, such as ego psychology, object relations theory, self psychology, relational theory, etc. Major topic areas to be considered include Lacan’s theory and influence; Laplanche on primal seduction and the enigmatic signifier; Andre Green’s thinking on the negative and severe pathology; French theories of psychosomatic issues in analytic contexts; some extensions of the former in the work of De M’Uzan; and French theories of perversion and psychosexual development.

### **Masochism**

Psychoanalytic interest in masochism goes back to Freud and the earliest days of psychoanalysis. Masochism has confronted psychoanalysis with a complicated and troubling theoretical and clinical challenge. The psychoanalytic understanding of masochism has evolved from its early focus on instincts and drives to considerations of psychic structure and oedipal dynamics, object relations, separation-individuation, self-organization, narcissistic vulnerability and self esteem regulation. There is a contemporary focus on pre-oedipal dynamics and the crucial role of pre-oedipal experiences in character development and the resolution of the Oedipal situation.

### ***Continuous Case Conference I***

Seminars will be devoted to a close study of the psychoanalytic process as it takes place in the lived emotional experience of the clinical situation. We will examine in detail process material from ongoing psychoanalytic cases presented by candidates. The late middle and termination stages are emphasized. This course will run the full year.

### ***Process - Writing***

This writing course will cover 5 sessions. Each participant will write up an analytic case in the style of a complete write-up, such as required by

APsaA for certification. The entire class will discuss each write up with a view to its effectiveness in communicating a sense of the patient and the progress of the treatment including termination if it has reached that stage.

### ***Termination***

Few if any of you have had a terminated case at this point in your careers. You have had many patients not in analysis who have stopped psychotherapy. Despite the latter experience, the ending of analysis is different and, of course, similar. It is our aim to introduce you to a variety of ways of looking at what constitutes evidence that a termination process has begun, of what the process is like, and what it means to both analyst and patient to end the analysis. We will consider whether there is such a thing as a completed analysis.

### ***Continuous Case Conference II a***

This course will consist of presentations and discussions of detailed process material, preferably analytic, but psychotherapeutic if necessary, with the purpose of sharpening listening, clarifying the distinction between hypothesis and evidence, examining the use of theory, and articulating the distinction between those aspects of process that precede questions of technique from specifically technical issues.

### ***Continuous Case Conference II b***

In this case conference course, clinical process material presented will be subjected to group members' associations. Through this activity by the group, unconscious listening and processing is demonstrated. The format used helps the group to work together to achieve deeper meanings of the clinical material and greater awareness of clinical process.

### **Ethics**

This course will examine the nature of the relationship of psychoanalysis and ethics, as well as the day to day ethical issues facing the working analyst. In the early days of psychoanalytic theory, ethics were thought to have no relationship to the work and theory of psychoanalysis. Today we recognize ethical obligations in the work but, too often in our current health care system, ethics have been reduced to a set of rules that undermine judgment and speak only to the most extreme violations. Having considered the connections of ethics and psychoanalysis, we will look closely at the day to day ethical challenges we meet in our work.

### **Gender**

This course will consider how psychoanalysis has approached sexuality and gender as developmental phenomena and how they occupy our

clinical attention. We will begin with Freud, but we'll tack back and forth in time to attend to how psychoanalysis has critiqued itself in these areas of human experience that universally provoke strong reactions.

### **Body**

Explore some of the central concepts in psychoanalytic thinking about the mind-body continuum and its role in the psychoanalytic process, beginning with normative somatic development tracing the infant's progress from the biological to the embodied. We will then turn to ideas useful in constructing a working model for the relationship of the psyche and soma, such as the French school, especially relating to transference and countertransference issues encountered in dealing with psychosomatic patients. Then we will turn to Relational constructions of the body in our attempt to integrate multiple trends, divergent views, and various theoretical ideas all contributing to our thinking of psyche-soma. We will explore the body in self-organization, and body aspects of gender and sexuality. We will also discuss the impact of the analyst's body as therapeutic object and the meeting of the analyst and patient's bodies in the analytic process through non-verbal communication, the voice, and body position. Finally, we will discuss trauma as an embodied experience.

### ***Continuous Case Conference III***

This continuous case seminar will emphasize how the candidate's expanding grasp of theory can be utilized to understand and formulate clinical process and to sharpen clinical interventions. We will focus on continuing to develop and refine the candidate's ability to hear unconscious material as it unfolds in the clinical hour and to track moment to moment interactions between analyst and patient. Attention will be paid to understanding and facilitating the development of a psychoanalytic process. Emphasis will also be placed on group process and respectful listening as differing viewpoints evolve.

### **Theory & Technique; Technique & Theory**

Se will explore the analyst's choice of preferred theories, looking at how theory effects our technical choices and how clinical experience shapes our theoretical understandings and modifications of technique. Each class, we will read articles and a candidate will present process material to help us integrate both theory and technical issues.

### ***Negative Transference & the Negative Therapeutic Reaction***

This eight session seminar will focus on the emotionally difficult territory of aggression, rage, hatred, and other forms of attack in the transference and countertransference relationship which frequently lead to impasse in psychoanalytic treatment. We will sharpen our theoretical understanding of different underlying dynamics and explore the manifestation of these

dynamics in the therapeutic encounter. Exploration of the Negative Therapeutic Reaction will be another focus of this seminar, including the evolving historical understanding of this concept and discuss the clinical implications in treatment. Finally a clarification between negative transference and negative therapeutic reaction will be illuminated.

### **Perversion**

This course will selectively review contemporary and traditional literature on sexuality, perversion and perverse phenomena. Topics will include sexualization, perversion and perversity. We hope to develop an understanding of the perverse pact, a characteristic way of relating to another person and perverse strategy, a characteristic style of relating to reality.

### **YEAR 5 & BEYOND (Post-Seminar)**

---

Post-seminar candidates will be expected to participate in academic activities under the auspices of the Institute until graduation. Attendance in the ongoing *Continuous Case Conference* and *Half-baked Ideas* seminars is required. Post-seminar candidates with an interest in teaching should make the Curriculum Chair aware; they may be eligible to co-teach a didactic seminar with a senior faculty member.

### **LIBRARY**

---

The Oregon Psychoanalytic Center maintains a collection of literature relevant to psychoanalytic education, research and practice. The library contains approximately 2000 volumes and bound journals.

The library also has a computer with the PEP-WEB Archive, available to OPC members. A search of these articles may be done not only by author, title, journal, and year, but also by indicating any word or phrase that occurs in the article.

### **PEP-WEB**

---

Faculty, candidates, and psychotherapy students are automatically enrolled in an OPC low-cost group subscription to PEP-WEB, the cost of which is invoiced along with tuition or faculty dues. Each subscriber has a direct-unique access code to the web based PEP. Subscribers can log onto the site from any computer. This means easy access to a great portion of bibliographies used in the didactic training. It has become an invaluable tool for all who use it.

## WEBSITE

---

**www.oregonpsychoanalytic.org** is a dynamic website & includes

- calendar of events, classes, and meetings
- rosters of faculty, candidates, students, members
- class bibliographies & schedules
- details of all OPC educational programs
- community outreach program information
- brochures (including this one)
- policies & procedures
- important documents
- newsletters
- announcements
- member posting board
- individual profile pages (candidates, students, faculty, graduates)
- links to individual websites of candidates, students, faculty, grads
- registration feature for Continuing Education courses/programs
- donation/membership join/renew feature

This is the go-to place for much Center information. Log in as a member to access all of the above. Staff members offer navigation tutorials for our user-friendly site.

Be sure to take advantage of the opportunity to describe/promote your private clinical practice via a profile page -- this information accessible to anyone visiting the website. Profiles are maintained in-house. It is your responsibility, however, to provide the Administrative Director with up-to-date information.

## CONTINUING MEDICAL EDUCATION CREDITS

---

Candidates receive Continuing Medical Education credits for seminars.

*This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Oregon Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians."*

*The American Psychoanalytic Association designates this Live Activity for a maximum of AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** *None of the planners and presenters of this CME program have any relevant financial relationships to disclose.*

## **OPI EXECUTIVE COMMITTEE**

---

The Executive Committee, which consists of faculty members who chair OPI committees and two elected “at large” faculty members, is responsible for the planning and conduct of the educational programs of the Oregon Psychoanalytic Institute. The OPI EC is chaired by the Director of the Institute.

The basic functions of the Executive Committee are carried out by its standing subcommittees; e.g. the Admissions, Progression, Curriculum, Training & Supervising Analyst, and Faculty Appointment and Development Committees. In its conduct of the Training Programs, the Executive Committee functions in keeping with the Training Standards and Requirements of the Oregon Psychoanalytic Institute and the Board on Professional Standards of the American Psychoanalytic Association.

## **ROSTERS AVAILABLE ON WEBSITE-Members Area, Member Files**

---

Candidates  
Committee Members  
Faculty  
Graduates  
Training/Supervising Analysts

OPC Board of Directors & Officers  
OPC Committee Members

PPP Faculty, Supervisors, Committee Members  
PPP Students

[www.oregonpsychoanalytic.org](http://www.oregonpsychoanalytic.org)

*This document is under revision, Sept. 2016*

OREGON PSYCHOANALYTIC CENTER  
2250 NW Flanders Street #312  
Portland, OR 97210

Phone 503.229.0175

[info@oregonpsychoanalytic.org](mailto:info@oregonpsychoanalytic.org)

[www.oregonpsychoanalytic.org](http://www.oregonpsychoanalytic.org)

